



dallas COWBOYS

PROJECTED
DIVISION FINISH
1st

2009 RECORD
11-5

HEAD COACH
**wade
phillips**

IN THEIR OWN BACKYARD

All eyes were on the Cowboys in 2009 as they christened the new Cowboys Stadium (aka Jerry World) with its inaugural season. Past the ginormous high-def digital screen and the ridiculous size of the venue were plenty of story lines that actually had to do with football.

Terrell Owens was gone and coach Wade Phillips was seemingly hanging by a thread. The goal was at least one playoff win. They accomplished that, but eventually lost to the Vikings in the Divisional round. This season, the Super Bowl will be in their house, and the Cowboys have the talent to make a run at the Lombardi Trophy. Most of the offensive weapons are back – the sparkling addition of first-round pick Dez Bryant only helps – and the NFL's second-ranked defense in points allowed returns its key players.

QUARTERBACKS

Tony Romo was able to correct his troubling career-long December slump last season. In the last five weeks Romo threw nine touchdowns to two interceptions. From Weeks 12 through 17 he had a QB rating of more than 100 in five games. He should continue to grow, especially if new receiver Dez Bryant is as good as advertised and if the hugely disappointing Roy Williams ever does anything.

Backup Jon Kitna is very capable, but if Romo goes down, don't be surprised if Texas A&M's Stephen McGee gets a look in his second season.

RUNNING BACKS

The electrifying Felix Jones had one of the best yards-per-carry averages among regular NFL ball-carriers last season (5.9). But he couldn't stay healthy to be consistent. Dallas will try to get him more involved in 2010, but will probably increase his touches slowly. Marion Barber showed signs of slowing down late in the season. His bullish running style may be showing its effects. He will still get carries in the red zone, but he may not be the main guy this

season. Don't be surprised if the Cowboys use Tashard Choice as the main back and then mix in Jones and Barber for the change of pace. Choice is an effective runner and receiver who shined often last season.

RECEIVERS/TIGHT ENDS

Miles Austin claimed his place as the No. 1 receiver with a Pro Bowl season in 2009. He should get less attention from defenses with rookie Dez Bryant on board. Austin collected 1,320 yards and 11 TDs last season, which will be tough to top. Bryant is an elite athlete who can open the field for Romo. This season may be Roy Williams' last to show his worth.

TE Jason Witten will continue to be Romo's favorite target, and he provides a reliable weapon in an offense with tons of potential. Third receiver Patrick Crayton had more yards than Williams last year, but there was talk in May that he was looking to get out of Dallas.

fast fact

THE COWBOYS WON 10 PLAYOFF GAMES FROM 1992 TO 1995. IN THE 14 SEASONS SINCE, THEY'VE WON JUST TWO.

OFFENSIVE LINE

Longtime Cowboys anchor Flozell Adams is gone, but second-year man Doug Free should step in nicely. He filled in perfectly last season when Marc Colombo was injured. Now the two will protect the outsides. C Andre Gurode and G Leonard Davis plow the way in the middle.

DEFENSIVE LINE

Igor Olshansky and Jay Ratliff each had 40 tackles last season, with Ratliff contributing six sacks from nose tackle. Marcus Spears holds down the left side of the line and is more of a run-stopper.

LINEBACKERS

Perhaps the best outside linebacker in the game, DeMarcus Ware signed a huge contract last year. His sack total dropped from 20 to 11, but he saw a lot of double teams. Dallas' improved defensive backfield should

beckett recall

SEPTEMBER 1992





AFC EAST

AFC NORTH

AFC SOUTH

AFC WEST

NFC EAST

NFC NORTH

NFC SOUTH

NFC WEST

AP PHOTO/RICH SCHLEGEL

game breaker

FELIX JONES, RB

When healthy, Felix Jones is a home-run hitter of the highest order who's usually the fastest, most elusive player on the field, no matter which field he's on. He broke free for runs of 56, 40, 46 and 49 yards during the 2009 regular season. Against the Eagles in a Wild Card playoff game, he rushed for 148 yards, including a 73-yard scoring jaunt, on just 16 carries. Jones has averaged 6.5 yards per carry over his first two seasons and remains a sleep-stealing nightmare for opposing coaches who must fear him on the ground, through the air and on special teams.

money maker



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DeMARCUS WARE

give Ware a little more time to get into the backfield and cause more check-down throws or incomplete passes. Bradie James continues to be a tackling machine with more than 100 tackles last year. Anthony Spencer started all 16 games for the first time and had nine sacks. Rookie Sean Lee provides depth for James and fiery leader Keith Brooking.

DEFENSIVE BACKS

The Cowboys lose Ken Hamlin but retain top talent like CB Mike Jenkins, who had five INTs and 19 pass defenses in 2009. Terence Newman is still solid, but he's nearing the end of his career. He totaled three INTs and three forced fumbles last year. Gerald Sensabaugh and Pat Watkins should start at the safety spots.

SPECIAL TEAMS

Dallas had major kicking issues last year, headlined by cutting former sure-thing Nick Folk. Shaun Suisham filled in admirably but he's gone now, too. The search for a replacement continues. P Matt McBriar continues to be one of the best in the game. Felix Jones is capable of running back kicks, but Dallas is afraid to use him too often. Watch for rookie Akwasi Owusu-Ansah to get a look at kick returner.

2010 draft picks

RD	OVERALL	NAME	POS	SCHOOL
1	24 (24)	Dez Bryant	WR	Oklahoma State
2	23 (55)	Sean Lee	LB	Penn State
4	28 (126)	Akwasi Owusu-Ansah	CB	Indiana (PA)
6	10 (179)	Sam Young	OT	Notre Dame
6	27 (196)	Jamar Wall	CB	Texas Tech
7	27 (234)	Sean Lissemore	DT	William & Mary

KEY ARRIVALS

Dez Bryant — WR (Draft)
Alex Barron — OT (St. Louis)

KEY DEPARTURES

Flozell Adams — OT (Cut)
Ken Hamlin — FS (Cut)
Shaun Suisham — K (Free Agent)

team roster

No	Name	Pos	Height	Weight	Birthdate	Exp	College
34	Anderson, Deon	FB	5'10"	245	1/27/83	4	Connecticut
20	Ball, Alan	FS	6'1"	188	3/29/85	3	Illinois
24	Barber, Marion	RB	6'0"	222	6/10/83	6	Minnesota
	Barron, Alex	T	6'7"	302	9/28/82	6	Florida State
80	Bennett, Martellus	TE	6'6"	265	3/10/87	3	Texas A&M
72	Bowen, Stephen	DE	6'5"	306	3/28/84	5	Hofstra
79	Brewster, Robert	OT	6'4"	325	7/30/86	2	Ball State
	Bright, Travis	G	6'4"	321	1/5/83	1	Brigham Young
51	Brooking, Keith	ILB	6'2"	241	10/30/75	13	Georgia Tech
	Bryant, Dez	WR	6'2"	225	11/4/88	0	Oklahoma State
18	Buehler, David	K	6'2"	228	2/5/87	2	USC
57	Butler, Victor	LB	6'2"	246	7/29/87	2	Oregon State
23	Choice, Tashard	RB	5'10"	212	11/20/84	3	Georgia Tech
75	Colombo, Marc	T	6'8"	318	10/8/78	9	Boston College
84	Crayton, Patrick	WR	6'0"	204	4/7/79	7	NW Oklahoma State
70	Davis, Leonard	G	6'6"	353	9/5/78	10	Texas
	Dixon, Marcus	DE	6'4"	285	9/16/84	1	Hampton
	Donaldson, Herb	RB	5'10"	226	12/13/85	1	Western Illinois
	Floyd, Marquis	DB	6'0"	190	3/17/80	1	West Georgia
68	Free, Doug	OT	6'6"	313	1/6/84	4	Northern Illinois
27	Gordon, Cletis	DB	6'1"	205	7/17/82	5	Jackson State
65	Gurode, Andre	C	6'4"	318	3/6/78	9	Colorado
36	Hamlin, Mike	SAF	6'2"	213	11/21/85	2	Clemson
97	Hatcher, Jason	DE	6'6"	305	7/13/82	5	Grambling State
55	Hodge, Stephen	LB	6'0"	234	7/17/87	2	Texas Christian
	Holley, Jesse	WR	6'2"	213	1/8/84	1	North Carolina
	Hughes, Connor	K	5'10"	172	10/4/83	1	Virginia
17	Hurd, Sam	WR	6'2"	208	4/24/85	5	Northern Illinois
56	James, Bradie	ILB	6'2"	247	1/17/81	8	Louisiana State
21	Jenkins, Mike	CB	5'10"	198	3/22/85	3	South Florida
98	Johnson, Curtis	DE	6'3"	237	2/16/85	3	Clark Atlanta
	Johnson, Manuel	WR	5'11"	189	10/14/86	1	Oklahoma
28	Jones, Felix	RB	6'0"	218	5/8/87	3	Arkansas
3	Kitna, Jon	QB	6'2"	230	9/21/72	14	Central Washington
63	Kosier, Kyle	G	6'5"	307	11/27/78	9	Arizona State
91	LaDouceur, L.P.	LS	6'4"	256	3/13/81	6	California
	Lee, Sean	LB	6'2"	236	7/22/86	0	Penn State
	Lissemore, Sean	DT	6'4"	286	9/11/87	0	William & Mary
1	McBriar, Mat	P	6'1"	220	7/8/79	7	Hawaii
7	McGee, Stephen	QB	6'3"	218	9/27/85	2	Texas A&M
77	McQuistan, Pat	T	6'6"	317	4/30/83	5	Weber State
41	Newman, Terence	CB	5'11"	195	9/4/78	8	Kansas State
53	Octavien, Steve	LB	6'0"	246	11/25/84	2	Nebraska
85	Ogletree, Kevin	WR	6'0"	192	8/5/87	2	Virginia
99	Olshansky, Igor	DE	6'6"	315	5/3/82	7	Oregon
	Owusu-Ansah, Akwasi	DB	6'0"	207	4/10/88	0	Indiana (PA)
89	Phillips, John	TE	6'5"	255	6/11/87	2	Virginia
71	Procter, Cory	C	6'4"	311	10/18/82	6	Montana
90	Ratliff, Jay	NT	6'4"	303	8/29/81	6	Auburn
9	Romo, Tony	QB	6'2"	226	4/21/80	8	Eastern Illinois
	Ryan, Titus	WR	6'0"	193	5/19/84	1	Concordia (AL)
32	Scandrick, Orlando	CB	5'10"	192	2/10/87	3	Boise State
95	Siavii, Junior	DT	6'5"	318	11/14/78	5	Oregon
96	Spears, Marcus	DE	6'4"	309	3/8/83	6	Louisiana State
93	Spencer, Anthony	OLB	6'3"	255	1/23/84	4	Purdue
	Wall, Jamar	DB	5'10"	204	1/10/88	0	Texas Tech
94	Ware, DeMarcus	OLB	6'4"	262	7/31/82	6	Troy
25	Watkins, Pat	SS	6'5"	218	12/18/82	5	Florida State
59	Williams, Brandon	LB	6'3"	254	6/21/88	2	Texas Tech
58	Williams, Jason	LB	6'1"	246	4/23/86	2	Western Illinois
	Williams, Leon	ILB	6'2"	250	7/30/83	4	Miami (Fla.)
11	Williams, Roy E.	WR	6'3"	215	12/20/81	7	Texas
82	Witten, Jason	TE	6'5"	263	5/6/82	8	Tennessee
	Woods, Donovan	LB	6'2"	230	7/27/85	2	Oklahoma State
	Young, Sam	T	6'8"	316	6/24/87	0	Notre Dame

schedule 2010

Date	Opponent	Time*
Sun. Sep 12	at Washington	8:20 PM
Sun. Sep 19	Chicago	1:00 PM
Sun. Sep 26	at Houston	1:00 PM
Sun. Oct 10	Tennessee	4:15 PM
Sun. Oct 17	at Minnesota	4:15 PM
Mon. Oct 25	NY Giants	8:30 PM
Sun. Oct 31	Jacksonville	1:00 PM
Sun. Nov 7	at Green Bay	8:20 PM
Sun. Nov 14	at NY Giants	4:15 PM
Sun. Nov 21	Detroit	1:00 PM
Thu. Nov 25	New Orleans	4:15 PM
Sun. Dec 5	at Indianapolis	4:15 PM
Sun. Dec 12	Philadelphia	8:20 PM
Sun. Dec 19	Washington	1:00 PM
Sat. Dec 25	at Arizona	7:30 PM
Sun. Jan 2	at Philadelphia	1:00 PM

Home Games in Bold

*All Times Eastern

results 2009

Date	Opponent	W/L Score
Sun. Sep 13	@ Tampa Bay	W 34-21
Sun. Sep 20	NY Giants	L 33-31
Mon. Sep 28	Carolina	W 21-7
Sun. Oct 4	@ Denver	L 17-10
Sun. Oct 11	@ Kansas City	W 26-20 OT
BYE WEEK		
Sun. Oct 25	Atlanta	W 37-21
Sun. Nov 1	Seattle	W 38-17
Sun. Nov 8	@ Philadelphia	W 20-16
Sun. Nov 15	@ Green Bay	L 17-7
Sun. Nov 22	Washington	W 7-6
Thu. Nov 26	Oakland	W 24-7
Sun. Dec 6	@ NY Giants	L 31-24
Sun. Dec 13	San Diego	L 20-17
Sat. Dec 19	@ New Orleans	W 24-17
Sun. Dec 27	@ Washington	W 17-0
Sun. Jan 3	Philadelphia	W 24-0
PLAYOFFS		
Sat. Jan 9	Philadelphia	W 34-14
Sun. Jan 17	@ Minnesota	L 34-3

team leaders 2009



PASSING	COMP	ATT	YDS	TD
T. Romo	347	550	4483	26
RUSHING	RUSH	YDS	Y/G	TD
M. Barber	214	932	4.4	7
F. Jones	116	685	5.9	3
RECEIVING	REC	YDS	Y/G	TD
J. Witten	94	1,030	11.0	2
M. Austin	81	1,320	16.3	11